

is dedicated to providing caring and compassionate service for our valued senior community.

Whether the need is occasional or 24 hours a day, our friendly staff can help in both small ways, such as companionship, and large ways, such as palliative care.

Frequently Asked Questions

Question: I need someone to stay with my aging mother while I am on a business trip. Can you help?

Answer: Yes! We can provide care for a few hours, overnight, a few days or as many as needed.

Question: I live out of town from my father's senior facility and he doesn't get many visitors. Will you visit him?

Answer: Absolutely! We can visit him at the facility as often as desired. We can even arrange an outing to a park or restaurant for coffee or lunch!



OUR SERVICES

- Personal Care
- Companionship
- Caregiver Respite
- Errands & Appointments
- · Cooking & Housekeeping

" I would recommend Foothills Home Services without a question for the service they provide. "

Question: I only need help for a few hours a month. Is that too little for your service?

Answer: Not a problem. Many of our clients enjoy an independent lifestyle with minimal assistance.

more FAQs at



PERSONAL SENIORS ASSISTANCE BY "CARING CAREGIVERS"

Whether the need is full time, part time, or one time, our friendly staff is there to enrich the lives of seniors and to bring peace of mind to their loved ones.

personal home assistance designed to suit your lifestyle

Servicing These Areas:

- BLACK DIAMOND
- CLARESHOLM
- · HIGH RIVER
- MILLARVILLE
- NANTON
- OKOTOKS
- TURNER VALLEY and Surrounding Areas
 ... call today!



ELDERLY CARE

Live-in companions (long term or temporary) or daily, weekly or monthly visitations, telephone monitoring, doctor's appointments & follow-ups, homemaking and housekeeping assistance.

PERSONAL ASSISTANCE

Bathing, dressing, hair styling, makeup and other personal grooming requisites.

CALENDAR PLANNING

Keeping track of appointments, visits, medications and physiotherapy schedules as needed.

ERRANDS

Quick trips to the bank, pharmacy or doctors office, big trips to the city for a day of shopping.

COOKING & PREP

Grocery shopping and meal preparation suited to a strict diet or just plain healthy eating, plus portioning and freezing of multiple meals.

HOMEMAKING

One-time, weekly, bi-monthly, or monthly cleaning and maintenance, light duty or heavy, room to room, floor to ceiling, house and yard.

QUICK VISITS

Safety and assurance checks, med reminders, afternoon tea, checking mail, snow shoveling, tending plants, feeding pets, etc.



A trip to the bank, church and tea every Sunday, or live-in palliatvie care, we deliver the personal assistance you need.